



Community Health Improvement Plan

The community health improvement plan is developed collaboratively, and defines a vision for the community's health; the community health improvement plan is the community's plan, not public health's plan for the community.



Community Health Assessment



Community Health Improvement Plan

Goal: All residents in Aitkin-Itasca-Koochiching Service Area will abstain from alcohol, tobacco, and other drug misuse.

Itasca Objective: 9th grade students in Aitkin, Itasca, and Koochiching counties reporting use of alcohol in the last 30-days will decrease by 4% by 2022.¹

Strategies: Positive community norms

Partners: The Movement, STEP Coalition, Rapids Rising, GRIP Coalition

How will we know if we're making a difference? Number of students participating in the Movement and Rapids Rising in Middle School and High School

Goal: All residents in Aitkin-Itasca-Koochiching Service Area will experience positive mental wellbeing.

Itasca Objective: Decrease adults in Aitkin, Itasca, and Koochiching counties reporting poor mental health days in the past 30-days by 5% by 2021.²

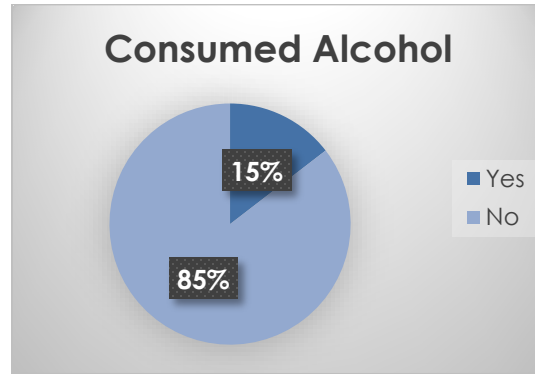
Strategies: Community Readiness Assessment
ACEs interface training
Worksite Wellness stress reduction tools

Partners: ISD 118, ISD 316, ISD 317, ISD 318, ISD 319

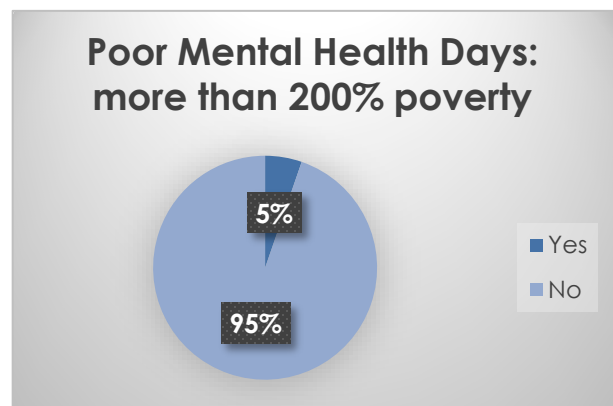
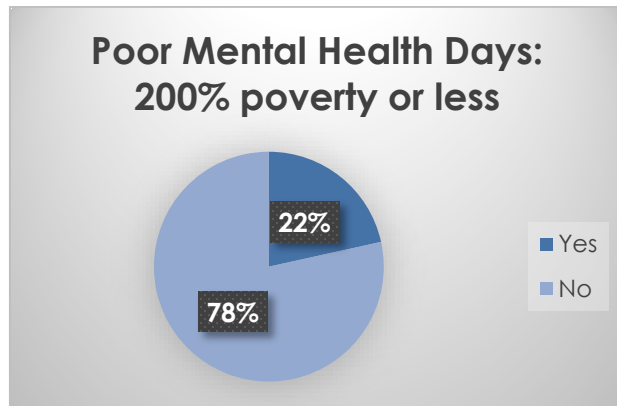
How will we know if we're making a difference?

Monitor the Community Readiness Assessment outcomes
Number of worksites and number of employees at worksites offered stress reduction as a strategy
Number of businesses offered intoxiclock trainings
Number of ACE interface trainings

1. 2019 Minnesota Student Survey data shows: Percent of 9th Grade Students in Itasca Reporting Any Use of Alcohol in the Past 30 Days



1. 2015 Bridge to Health data shows: Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? (14 or more days)



Questions for you, our community stakeholders

Questions available on Google Forms: [CLICK HERE](#)

1. Do these objectives and strategies make sense for what need you see in the community?
If not, what should be changed?

2. Are you working on strategies to reduce substance misuse or improve mental wellbeing of Itasca County residents?
If so, what are you doing? And, how can we collaborate?